



# Katawud Natural Products©



# The Name

“Katawud Natural Products”



# Cattawood Springs

The screenshot shows the Wikipedia page for 'Cattawood Springs'. The browser address bar shows the URL 'https://en.wikipedia.org/wiki/Cattawood\_Springs'. The page title is 'Cattawood Springs' and it is categorized as an 'Article'. The text describes it as a place in Portland Parish, Jamaica, located at latitude 18 04' 00" and longitude 76 26' 00". It mentions that it was originally a Maroon settlement and a place of refuge for Queen Nanny and the Jamaican Maroons during the First Maroon War. A map of Jamaica is included, showing the location of Cattawood Springs in the eastern part of the island. The page also has a 'References' section with four entries.

Article **Talk** Read Edit View history

## Cattawood Springs

From Wikipedia, the free encyclopedia Coordinates: 18.0667°N 76.4333°W﻿ / ﻿18.0667°N 76.4333°W﻿ / 18.0667; -76.4333﻿ ()

**Cattawood Springs** is a place in **Portland Parish, Jamaica** located at **latitude** 18 04' 00", **longitude** 76 26' 00".

Originally this was a **Maroon** settlement. Its name probably derives from the **Twi** word *katá* which means to cover conceal or protect.<sup>[1]</sup>

### History [ edit ]

Cattawood Springs was a place of refuge for **Queen Nanny** and the **Jamaican Maroons** during the **First Maroon War**, especially when the militias captured **Nanny Town**. However, under Nanny's leadership, the Windward Maroons mounted attacks from Cotterwood, and recaptured Nanny Town on more than one occasion. The Windward Maroons made overtures to join forces with **Cudjoe** towards the end of the 1730s. After the Windward Maroons signed a peace treaty with governor **Edward Trelawny** in 1740, Queen Nanny's Maroons abandoned Nanny Town, and resettled in New Nanny Town, which was eventually renamed **Moore Town**.<sup>[2]</sup>

Some of the original inhabitants left Cattawood in 1730 to join up with **Cudjoe** in **Cudjoe's Town (Trelawny Town)**. According to one story, a group of one hundred men women and children went to join Cudjoe, and they were probably members of the group led by Captain Cuffee, who was one of Cudjoe's deputies at the signing of the 1739 peace treaty with the Leeward Maroons. They retained their name subsequently settling in **Cotterwood** in **Saint Elizabeth Parish**.<sup>[3][4]</sup>

### References [ edit ]

- ↑ *A Dictionary of Jamaican English*  edited by F.G. Cassidy, R.B.Le Page accessed 18thFebruary 2007
- ↑ Bev Carey, *The Maroon Story: The Authentic and Original History of the Maroons in the History of Jamaica 1490-1880* (Kingston, Jamaica: Agouti Press, 1997), pp. 117–257.
- ↑ *The History of the Maroons from their Origin to the Establishment of their Chief Tribe at Sierra Leone* by Robert Charles Dallas, London 1802
- ↑ Siva, Michael (2018). *After the Treaties: A Social, Economic and Demographic History of Maroon Society in Jamaica, 1739-1842*  (PDF) (PhD). Southampton: Southampton University. pp. 44–5.

Cattawood Springs is one of the traditional names of our region. It is also one of the traditional names we call ourselves. Today the area is commonly called Moore Town or the Rio Grande Valley, but the elders still continue to call the area Cattawood.



# “Skatta woods” and oral tradition



# The Mark



- The snake is a sacred animal.
- The Spear is traditionally used by our people for hunting
- The cutlass/machete for agriculture and industry, signifying the hardworking nature of our people and self reliance
- The mountains, rivers and trees represent our forest home



# Traditional Herbal Remedies





# Flagship Product: Natural Soaps







### BENEFITS OF COFFEE SOAP FOR YOUR SKIN

Jamaica is famous for its artisan coffee, particularly the world famous Blue Mountain coffee, which is grown in the high altitudes of the Blue Mountains of Jamaica, the tallest landform in Jamaica, and home to the pristine springs which produce the equally world famous Blue Mountain spring water. Traditionally a hot beverage, consumed mostly in the morning time, coffee is more than a hot beverage, and is a staple crop for many small cultivators who make a living growing coffee. Whether consumed as a beverage, or used externally on the skin, coffee has a variety of benefits for the skin and is a valuable source of vitamins, nutrients and antioxidants.

#### EXFOLIANT AND CELLULITE REDUCTION

The finely ground coffee beans gently exfoliate and gets rid of dry, dead skin cells, restoring and adding a more radiant and smooth appearance to the skin. The exfoliating grains also stimulates the skin and blood flow, improving circulation which improves the appearance of the skin.

#### ACNE FIGHTING AND ANTI BACTERIAL

The anti-oxidants, stimulants and chlorogenic acids found in coffee make it an effective acne-fighting agent. The exfoliation of dead skin cells, excess grease, dirt and topically applied products which can clog the pores can help to reduce acne, not to mention the scum-busting powers of the saponins in the soap which helps to clear away the dead skin, unclog pores and fight bacteria.

#### REDUCE DARK CIRCLES AROUND YOUR EYES

Because of the increase in circulation and blood flow, this dilates the blood vessels under the skin surface which can help to reduce the appearance of dark circles and puffiness under the eyes for a brighter appearance.

#### ANTI-CARCINOGENIC

Roasted coffee beans are rich in Vitamin B3, also known as Niacin which is thought to fight non-melanoma skin cancers and other growths on the skin. Using our cleansing coffee soap supports this cancer fighting effort.

#### ANTI-AGING

By encouraging and increasing blood flow to the skin, our coffee soap can restore the skin's natural luminescence and provide a more youthful appearance. Also with the exfoliation of old dead skin, this encourages the growth of and replacement by newer younger skin cells.

#### CALMING

The increase of blood flow can create a calming and soothing effect, resulting in an overall well-being.

Our coffee soap is made with coffee and spring water from the Blue Mountains. Get your coffee soap [inside](#) or call/text 1876-873-8882 to order. Follow us on Instagram @katakawudnaturals





# Other Products and Services

- Herbal Medicines
- Herbal Teas
- Natural Soaps
- Oils, Salves, Butters
- Consultations
- Health and Agricultural Advice
- Indigenous Advocacy
- and many more !

Part of umbrella organization “West Indian Tribal Society” which is an indigenous tribal trust organized for the benefit of a group of indigenous people of Xamayca (Jamaica)



# Benefit to Community

- Serves as an inspiration to indigenous youth who started to believe that it was not possible for anything productive to happen in our communities.
- Serves as an avenue for indigenous traditional cultural expression, and means for us to actively practice and express our culture in contemporary society
- Serves as a much needed source of income for our clan, which is an autonomous subset of our wider tribal group which carries our culture, history, traditions etc.
- Serves as a means of realizing particular rights enshrined in the U.N.D.R.I.P. such as self-determination, self-governance, and providing ways and means for autonomous functions etc.
- Does cultural outreach throughout our territories and provide technical assistance to indigenous governments via contributing the services of members to indigenous governments
- Provides legal representation and assistance to indigenous people in court, drafting of legal documents etc.
- Represents indigenous people of the archipelago and the region in indigenous fora
- Re-establishing ancient blood and kinship ties to indigenous people in the region and worldwide
- Lobbying for the repatriation of indigenous artefacts and ancestral remains



# How do we sell our products?

- Crafts Fairs
- Tribal Festivals
- Distribution to retailers
- On the ground sales and marketing
- Export through post (pre-COVID)

